

ADVANCED FORMULATION  
**Strata** **mgt**<sup>®</sup>  
gel for mucosal conditions

A non-hormonal and non-steroidal  
gel for the management of  
vulvovaginal symptoms

Ideal for short- and long-term use



[us.stratamgt.com](http://us.stratamgt.com)

 **Strat**pharma  
Switzerland

# Vulvovaginal conditions

Quality of life of many women can be significantly impacted by **vulvovaginal symptoms** such as:

- Vaginal dryness and burning sensation
- Itching and tenderness
- Painful intercourse (dyspareunia)
- Painful urination (dysuria)
- Bowel movement (defecation)

Most women are often **reluctant or embarrassed to discuss their symptoms** or they assume it is an **expected and natural part of the aging process**.<sup>1</sup>

Approximately **70%** of women with the above symptoms **do not discuss** the issue with their Health Care Providers and 40% expect doctors to initiate this conversation.<sup>1,2</sup>

## Vaginal atrophy (VA)

**Vaginal dryness** is the most prevalent and bothersome symptom as it **affects up to 93% of women with VA**.<sup>3</sup>

Affects up to **90\*** postmenopausal women<sup>4</sup>

**15%** female's experiences symptoms **before menopause**<sup>5</sup>

up to **70%** patients affected by **breast cancer** present **menopausal symptoms**<sup>2</sup>

Laser and radiofrequency devices are used to reduce VA symptoms, and are often referred to as **vaginal rejuvenation**. The most common side effects are burning sensation, discomfort, swelling and redness.<sup>6</sup>

## Lichenoid dermatoses

Lichen sclerosus (LS), Lichen planus (LP) and Lichen simplex chronicus (LSC) are chronic and progressive inflammatory diseases characterized by genital skin thinning. They are most prevalent in females **during prepubertal and post-menopausal period**.<sup>7,8</sup>

Achieving **symptom relief and finding an effective treatment for long-term use, without side effects** is crucial for both physicians and patients.<sup>3,5</sup>



# StrataMGT® - the innovative gel for the management of vulvovaginal conditions

StrataMGT is a **non-hormonal and non-steroidal gel**.

StrataMGT **supports** vulvovaginal mucosal conditions and **speeds up** recovery post vaginal rejuvenation.

StrataMGT is a **suitable alternative** to vaginally administered estrogen and topical corticosteroids.<sup>9</sup>

StrataMGT **relieves symptoms** such as itchiness, tenderness, dryness, burning sensation, painful intercourse, painful urination and rectal or defecating pain.<sup>10</sup>

StrataMGT **improves** erythema, mucosal tissue thinning, erosions, fissures, ulcerations, scarring/adhesions and swelling.<sup>9</sup>

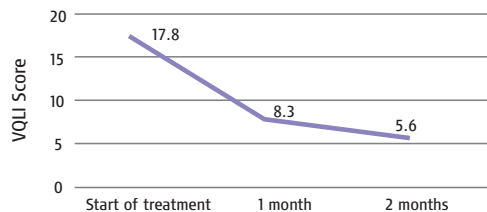
StrataMGT is indicated for **short- and long-term use without the side effects** of hormonal therapy and topical corticosteroids.



## Clinical evidence

A clinical study was conducted in Laguna Hills, CA, USA to evaluate the efficacy and safety of StrataMGT and the improvement of patient's Quality-of-Life (QoL).<sup>10</sup>

Patients rated the impact of vulvar conditions on QoL using Vulvar Quality of Life Index (VQLI) ranging from 0=not impacted, 1-15=mildly impacted, 16-30=moderately impacted, 31-45=severely impacted.



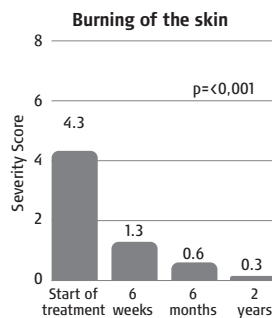
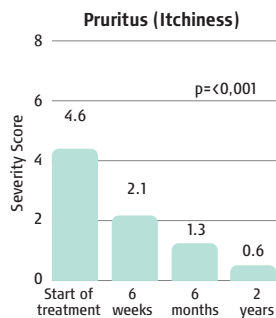
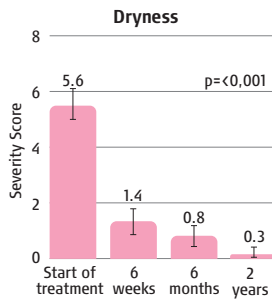
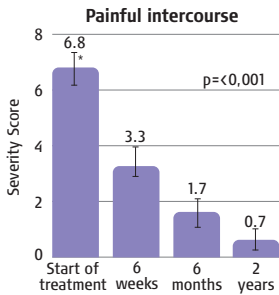
StrataMGT is **highly efficient in reducing clinical symptoms** associated with VA and improving QoL.

\* with most reports showing a prevalence of 40-57%.<sup>5</sup>

# Clinical evidence

A clinical study was conducted in Brisbane, Australia to evaluate the efficacy and safety of StrataMGT for the management of genital skin conditions.<sup>9</sup>

Patients rated severity of the symptoms using a 10-point scale ranging from 0=normal to 10=worst possible.



All symptoms significantly decreased during the first 6 weeks, **including up to a 100% resolution** for some patients.

Continuous **improvements** were seen and maintained after **2 years post start of the treatment**.

StrataMGT is a **suitable alternative treatment** for women suffering from various highly symptomatic vulvovaginal conditions **without the side effects** of topical corticosteroids and vaginally administered hormonal therapy.

# StrataMGT® indications

StrataMGT is used to restore the barrier function and moisture balance of the mucosal epidermis.

StrataMGT was developed for use on **all types of mucosal conditions** and post-procedures care including:

- Vaginal atrophy / Atrophic vaginitis
- Genitourinary syndrome of menopause (GSM)
- Vulvovaginitis (including pre-pubertal)
- Vulvodynia
- Lichenoid dermatoses
- Vaginal grazing and Episiotomy
- Post vaginal rejuvenation
- Incontinence related dermatitis and Diaper rash
- Hemorrhoids and anal fissures
- Allergic and irritant dermatitis



## MUCOSAL HEALING

StrataMGT may be directly applied to dry, wet, cracked and sensitive mucosal tissue.



## FASTER HEALING

StrataMGT promotes a moist healing environment leading to faster healing, and reduces the acute inflammatory response.



## SYMPTOMATIC RELIEF

StrataMGT relieves symptoms such as itchiness, tenderness, dryness, burning sensation, painful intercourse (dyspareunia), painful urination (dysuria) and rectal or defecating pain.



## RESTORES BARRIER FUNCTION

StrataMGT temporarily restores the barrier function of the mucosa.



## HYDRATION AND GAS PERMEABILITY

StrataMGT is semi-permeable, which allows the mucosa to breathe and remain hydrated.



## NON-REACTIVE

StrataMGT is inert, has no measurable pH, contains no hormones, steroids, alcohol, parabens or fragrances, and is suitable for long-term use.



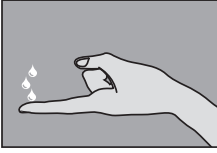
## NON-ABSORBABLE

When used inside the vagina or rectum, StrataMGT will not be absorbed systemically.

## Directions for use



1. Wash your hands before applying StrataMGT.



2. When used vaginally, apply 3 to 5 drops of StrataMGT on the tip of your finger.\*



3. Distribute StrataMGT evenly internally and externally as required.

\*Some patients prefer to use a common vaginal applicator for intravaginal application.

## Additional directions

- For best results StrataMGT should be maintained in **continuous contact** with the affected area (24 hours a day / 7 days a week).
- StrataMGT should be applied as **needed** or as advised by your physician.
- StrataMGT may be re-applied **more often** to ensure constant contact with mucosa or skin, or to reduce symptoms.
- StrataMGT should be applied **after each urination, bowel movement or wash**.
- StrataMGT **does not need to be rubbed in or massaged**, as it does not penetrate through mucosa or skin and will not enhance its effect.
- It is recommended to use panty liners during the first weeks of StrataMGT use, in case of product leaking.
- StrataMGT **may stain** clothing or sheets. If staining occurs, dry cleaning should be able to remove it without damaging the fabric.
- StrataMGT **should not be applied over topical medications** unless advised by the physician.

## How much StrataMGT® do I need?



StrataMGT gel is an advanced formulation that requires **substantially less gel per application** than typical creams or gels.

StrataMGT 1 oz (28.4 g) contains enough gel for approximately 4 weeks of use 2-3 times per day.

Patients with different symptoms or diagnoses may require more-or-less product or numbers of applications per day.

Generally, patients will understand how much and how often to apply for their relief within a few days.

## Duration of the treatment

StrataMGT should be applied for a minimum of 30 days.

StrataMGT is **indicated for short- and long-term use** to maintain the health of the mucosa, and should be continued as required.

## StrataMGT® and other products

**Moisturizers, lotions, etc. are not required.** StrataMGT can be re-applied more often to avoid dry and tight skin feeling, as StrataMGT prevents the water evaporation through the damaged mucosa that may cause this feeling.



StrataMGT **may reduce the effectiveness of contraception** such as spermicides, condoms or vaginal devices. Please use other precautions during this time.

StrataMGT **may increase lubrication** and therefore should not be used in conjunction with condoms for the prevention of sexually transmitted diseases (STDs).

## StrataMGT<sup>®</sup> - a non-hormonal and non-steroidal gel for vaginal atrophy and lichenoid dermatoses

- StrataMGT relieves symptoms such as itchiness, tenderness, dryness, burning sensation, painful intercourse (dyspareunia), painful urination (dysuria), rectal or defecating pain.
- StrataMGT improves erythema, mucosal tissue thinning, erosions, fissures, ulcerations, scarring/adhesions and swelling.
- StrataMGT is inert, has no measurable pH, contains no hormones, steroids, alcohol, parabens or fragrances, and is suitable for long-term use.
- StrataMGT is gas-permeable, allowing the vaginal mucosa to breathe and remain hydrated.
- StrataMGT promotes faster healing.
- StrataMGT is easy to apply at home.



Available OTC as single purchase or by subscription.



Ask your provider for their unique discount code for savings on ongoing purchases.



Order here. Direct to your door.



**For any questions about StrataMGT or Stratpharma products, please contact us at our San Diego Headquarters:**

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**Caution:** For external use only. Consult instructions for use. Keep out of reach of children. For further instructions, please refer to the Patient Information Leaflet (PIL).

**Ingredients:** Polydimethylsiloxanes, siloxanes, alkylmethyl silicones

**References:** 1. Wysocki, S. et al. (2014). *Clinical medicine insights. Reproductive health*, 8, pp. 23–30. 2. Bleibel, B., Nguyen, H. (2022). Vaginal Atrophy. In *StatPearls. StatPearls Publishing*. 3. Angelou, K. et al. (2020). *Cureus*, 12(4), e7586. 4. Palacios, S. et al. (2018). *Climacteric: the J of the International Menopause Society*, 21(3), pp. 286–291. 5. Benini, V. et al. (2022). *Medicina*, 58(6), pp. 770. 6. Arroyo, C. (2017). *International J of Women's Health*, 9, pp. 591–595. 7. Arinkan, S. (2018). *Haydarpassa Numune MedJ*, 58(2), pp.112–115. 8. Corazza, M. et al. (2021). *Biomedicines*, 9(8), pp. 950. 9. Data on file, 2022 (St. Andrews War Memorial Hospital, Australia). Stratpharma AG. 10. Data on file, 2022 (Orange Coast Womens Medical Group, USA). Stratpharma AG.

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